



The Carbondale Presbyterian

Editor: Lisa C. Hollabaugh (firstpresnews@gmail.com) / www.firstprescdale.org
First Presbyterian Church / 310 S. University Avenue / Carbondale, Illinois 62901
(618) 549-2148 / Find us on Facebook — First Presbyterian Church of Carbondale IL

Sunday Worship 10 am
w/Children's Church School & Childcare
Worship Zoom ID 824 8455 3329
Followed by **Coffee Fellowship**

Wednesday Bible Study Classes
10 am Presbyterian Mystic
w/Bill & J.P. (Lounge)
3:30 pm w/Pastor Kerry (Zoom)
6:30 pm w/Rev. Beyler (Conf. Rm.)

**First Sunday Collection for
Local Missions** February 2

Choir rehearsals start February 4
Tuesdays 6 pm in Fellowship Hall

Session Meeting February 11 7 pm

Free Laundry Day February 12
10 am-2 pm at Laundry World

Choir performs February 16 & 23

Presbyterian Women Meeting
February 18 1 pm

Dinner Group
February 20 5:30 pm at Flame

Coldest Night of the Year
February 22 4-7 pm at
Carbondale Community High School

Hope in a Troubled World
Fellowship Discussion February 23

Men's Fellowship Meeting
February 27 12 noon

Church Office Hours
Monday through Thursday
9:00-11:30 a.m. and
12:30-4:00 p.m.

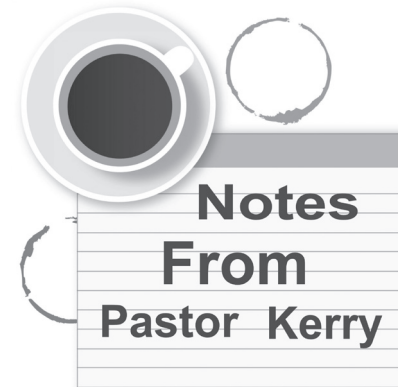


cnoy.com
february 22, 2025
coldest night of the year

“Do or do not. There is no try.”

The above quote from *Star Wars* is from the wizened Jedi Master, Yoda. A therapist I know once put it this way: “To try is to fail.”

In order to learn something new you have to try it first. It's unreasonable to expect to master something difficult without the process of trying and sometimes failing. Upon reflection, that's not what Yoda and the good doctor are getting at. The first step is not the same as the journey. Yes, we have to make that first—often risky—step, but if we stop there, we're still far from the destination.



This may be one of those pastoral newsletter articles that really is more for myself, but I hope some of it resonates with you as well. There are plenty of times in my life I've become aware I should probably do something new or different, in order to make my life or work better (that is, healthier, more efficient, or happier). However, I don't follow through...or, if I try something, I don't stick with it. It's like all my New Year's resolutions that have gone unresolved.

Deciding to try something, or to become aware of a challenge or problem, is not enough. It's important to put a plan in place to help build success and to have someone to be accountable to. My wife Cindy talks to a personal trainer every week about physical activity, diet and nutrition, and strategies for success. It works! Cindy is in better shape than she's been in years and feels better, too.

Sometimes my approach has been to just get enough done, or to do things “well enough.” You've heard me say that perfectionism is the enemy of creativity...but this is different. This is about having the courage to learn what changes you (we) need to make, and then going about making those changes—be they physical, emotional, or institutional. It requires commitment to the process of identifying the desired change and the actions needed to accomplish it, then setting up a plan for success with an accountability partner.

I will turn 66 years old this month. My intention and goal for this coming year is to live healthier and more faithfully than ever before. Next month, I'll tell you about how I'm going to go about it. —Kerry

**COLDEST NIGHT OF THE YEAR (CNOY)
Fundraiser for the Carbondale Warming Center**

For the third consecutive year, “First Pres” has formed the **Presbyteamians** to raise money for the Carbondale Warming Center at the **Coldest Night of the Year** event February 22, 2025 4-7 pm at Carbondale Community High School. Last year our team raised over \$11,000 and was the fourth-highest fundraising team nationwide!

This year's team consists of Elizabeth Hamilton, Peter Hertzog, Lisa Hollabaugh, Rick Jefferson, Beth Malmquist, Sarah Merideth, Bobbie Ogletree, Jane Swanson & Ann Warner. You can expect to be asked for donations from one or more of them in pursuit of reaching (or exceeding) the \$10,000 team fundraising goal.

Visit cnoy.com/location/carbondale to DONATE to the team (or to specific walkers) and/or to register to VOLUNTEER at the event. See Lisa Hollabaiugh with any questions and thank you for your support.

The **Carbondale Laundry Project** has been selected for the **Neighborhood Co-op's Wooden Nickel Program**. When we participated in 2023, we received \$475 in donations from this program. **From now until March 31, 2025, take a reusable bag or container when shopping at the Co-op** and receive a wooden nickel, then drop it into the box by the register. The Co-op will donate 5¢ per nickel to the Laundry Project and match up to \$250, and will pass along additional monetary donations.



On **First Sunday February 2, 2025** we'll collect for local missions the Good Samaritan Food Pantry, the Carbondale Warming Center, Feed My Sheep at Bethel AME, the Carbondale Laundry Project and the SI Diaper Bank. Look for the shopping carts in the narthex entryway.



CHRISTMAS JOY

We collected \$1,990 for the Christmas Joy Offering supporting past, present, and future church leaders. Thank you.

AFGHAN FAMILY UPDATES

A reminder that **Sheeba is providing alterations and other sewing projects**. Contact her between 4-8 pm weekdays or 8 am-12 noon Saturday (Sheeba's daughter will translate). You can also purchase napkins and other handiwork in Fellowship Hall.

Sheeba also needs rides to/from the Eurma Hayes Center on Mondays and Wednesdays between 1-3 pm, and (along with other learners) to/from an English Language class at John A. Logan College on Tuesdays and Thursdays from 12 noon-3 pm. To join a group that commits to driving once or twice per month, contact Cindy Buys or Pat Manfredi.

NEIGHBOR'S KEEPER



Last month the Mission Ministry voted to change the name of the Brother's Keeper program to "**Neighbor's Keeper.**" Its mission remains the same: assisting those who visit the church office seeking help with a variety of needs.

During 2024 we expended the \$2,000 budget line and helped more than 100 people with funds for gas, food, utilities, housing and transportation; we also distributed snack bags to those in need. Ongoing donations (i.e., Change for a Change coins from the offering plate, and undesignated contributions to the Christmas Eve offering—last year we collected \$965!) are deposited into a restricted budget line. **Thank you** for your ongoing support of this ministry.

The First Presbyterian Church Choir is ready to go! **The first rehearsal is Tuesday, February 4, 2025 at 6:00 pm in Fellowship Hall.** Bring your voice and let's sing! If you haven't been contacted but would like to participate, reach out to Deb Burris at musicdirector@firstprescdale.org or call the church office. James Barnes will provide special music Sunday, February 9, 2025.



First Presbyterian Church of Carbondale

310 South University Avenue

(LGBTQIA+ Affirming)

Singing Positions

Volunteer and *Paid Positions Available

(*by audition)

For Information, Please Contact

Email: musicdirector@firstprescdale.org

or Phone: (618) 549-2148



Seeking the Faith,
Sharing the Spirit,
and
Serving God's
People



Dinner Group met last month at El Paisano Mexican Grill where eleven guests enjoyed good food and conversation. **Thursday, February 20, 2025 at 5:30 pm we'll gather at Flame Grill & Bar in Carbondale.** Couples and singles are invited to join us at our traditional Valentine spot and bring a friend. RSVP to jillhertzing@aol.com.

SAVE THE DATE

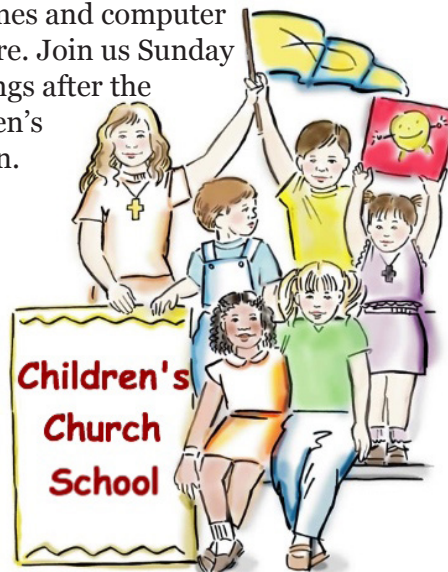


In a Troubled World

**Fellowship Discussion
February 23, 2025
Following Worship**

INVITE A FRIEND

During **Children's Church School** we have looked at how Jesus grew as a child and learned about his baptism and temptations. This month we will explore Jesus's teachings and parables via games and computer software. Join us Sunday mornings after the Children's Sermon.



The **Presbyterian Preschool** sends you lots of love this February. Last month we missed some school days due to the cold winter weather, but we had fun playing in the snow with our families. The Frog class enjoyed a Chinese New Year celebration where we ate noodles with chopsticks and performed the traditional dragon parade.

The Frog class is learning about dental health, friendship, healthy bodies and nutrition. The month finishes with a wacky week. The 2 year-old classes are learning about emotions, friendships and families.



Father/son Team Beyler (left); Persistent Puzzler Keith Beyler (below).

Photos & captions courtesy of Rolanda Quick.

Mother/daughter Team Sullivan (above); Puzzle Professionals Dave, Beth & Kitty with their "Apprentice" Ann Warner (right).



Southern Illinois Learning in Retirement (SILIR) will offer four classes during its first Spring term February 3-March 7, 2025. Sabrina Jian Starnaman will teach "The Tibetan Book of the Dead" Mondays from 9:30-11:30 am. Steve Dollinger will discuss "Perry Mason: A Look at the Culture, Humor, and Trivia" program Tuesdays from 1:30-3:30 pm. Fran Oros will facilitate a Great Courses offering "Synthetic Biology: Life's Extraordinary New Worlds" Wednesdays from 1:30-3:30 pm. Gary Hartlieb will lead a Great Course "Epic Engineering Failures and the Lessons They Teach" Thursdays from 1:30-3:30pm.

Each course is \$15. Enrollment requires SILIR membership, open to anyone 50 year of age or older; annual dues are \$25. To join and register for activities, contact Diane McIntyre (618) 536-7751 or e-mail silir@siu.edu. Find more information online at conferenceservices.siu.edu/silir.



**S.I. Learning
in Retirement**



The **Green Guardians** invite you to learn about the origins, importance and recommended activities associated with the following February 2025 dates:

February 2: World Wetlands Day
February 2: World Ostrich Day
February 8: World Lizard Day
February 15: World Whale Day
February 17: Random Acts of Kindness Day
[Consider the environment and wildlife]
February 27: International Polar Bear Day
February 28: National Skip the Straw Day

Check out the updated **Green Guardians bulletin board** with ideas from Creation Justice Ministries (creationjustice.org) on 52 ways to care for creation. Thank you to Phyllis and Sara for their creative presentation of ideas on the bulletin board, including reading Black authors, reflecting on climate resilience, and writing to your elected officials about matters of concern to you. Have a green month!

- Our January 14, 2025 meeting convened with prayer and a reading from *The Daily Feast*.
- I reported that Dr. Deborah Burris has agreed to serve as the church's Music Director. The choir will perform twice per month, and Deb and the Worship Ministry will arrange special music on two other Sundays. Months with five Sundays will feature an additional hymn. Deb and the choir will get a break during July and August.
- The church website will focus more on upcoming calendar events than weekly updates. We discussed the possibility of eventually folding the responsibility of administrating the church webpage into the duties of the Mission or Membership Ministry.
- Minutes, financial reports, monthly ministry reports, and the Covenant Pastor's report were accepted and approved. Ministry reports for the upcoming annual Congregational Meeting were requested.
- We adjourned with prayer. Our next meeting is Tuesday, February 11, 2025. —Kerry



Session Synopsis



Contributions to First Presbyterian Church of Carbondale are tax deductible under 501(c)(3) guidelines (consult your tax professional). Donate on Sunday mornings, by direct deposit or mail, by clicking the "Give Now" button at firstprescdale.org or by scanning this QR code with your smartphone camera.

Financial Report December 2024**100% of the year completed**

Income Line	Income YTD	Budgeted	
Pledges	\$ 213,768.00	\$ 220,000.00	97%
Nonpledge Offerings	\$ 10,495.47	\$ 12,000.00	87%
Per Capita	\$ 1,860.00	\$ 1,500.00	124%
Transfer From Investments	\$ 25,000.00	\$ 41,371.01	60%
Miscellaneous	\$ 22,228.24	\$ 19,225.00	116%
Total Income	\$ 273,351.71	\$ 294,096.01	93%
Expenditure Line	Expenditures YTD	Budgeted	
Mission	\$ 13,699.57	\$ 13,770.00	99%
Pastoral Ministry	\$ 87,019.82	\$ 88,573.99	98%
Staff	\$ 82,643.71	\$ 88,577.02	93%
Faith Development	\$ 1,789.50	\$ 3,050.00	59%
Worship & Music	\$ 2,064.89	\$ 3,475.00	59%
Comm/Administration	\$ 14,356.77	\$ 18,150.00	79%
Property/Capital	\$ 77,612.93	\$ 76,100.00	102%
Christian Nurture	\$ 1,350.10	\$ 2,400.00	56%
Total Expenditures	\$ 280,537.29	\$ 294,096.01	95%
Revenues over Expenses	\$ (7,185.58)		

BIRTHDAYS

Lisa Hollabaugh 2/3
Kerry Bean 2/6
David King 2/6
Brenda Myers 2/7
Emily Timpe 2/15
David Warner 2/15
Jerre Pfaff 2/19
Mary Jane Brooks 2/24
Frances Gilman 2/26
Elwood Prest 2/27

ANNIVERSARY

Tracy Prosser & Grover Leech 2/3

*If we missed your special day,
please accept our apologies and
notify the church office so we can
update our records.*



FEBRUARY

Birthdays & Anniversaries



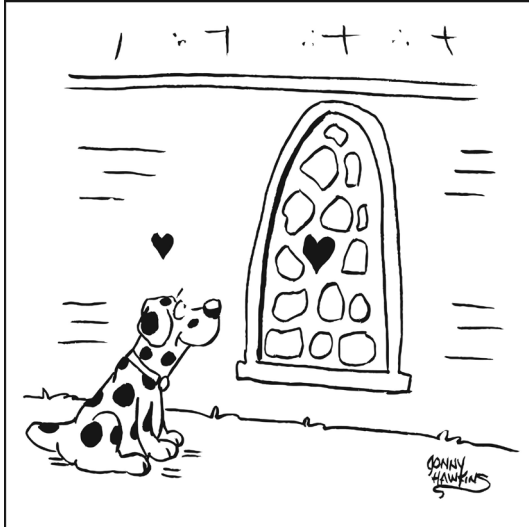
First Presbyterian Church
Carbondale, Illinois

310 S. University Avenue Carbondale, IL 62901

Phone: (618) 549-2148 / Fax: (618) 549-6423

www.firstprescdale.org / office@firstprescdale.org

Reverend Kerry Bean (pastorkerry@firstprescdale.org)



A graphic for February 2025 featuring two overlapping red hearts on the left, followed by the word "FEBRUARY" in large, bold, red capital letters, and "2025" in smaller red capital letters below it. Wavy red lines are at the bottom.



In 1856 a small house of worship was begun and finished July 12, 1859 at a cost of \$3,042.52. The indebtedness was \$2,500. At the time there were sixteen members, ten of whom were women. On September 24, 1859, the house of worship was dedicated. The church stood at 212 West Monroe Street, where Horstman Cleaners now stands.